OCTOBER

MON	TUE	WED	THU	FRI
Breakfast *graham crackers are always served with cereal		Oct 1 Chocolate Muffin or Cereal	Oct 2 Breakfast Pizza or Cereal	Oct 3 Cinnamon Roll or Cereal
Lunch		Mac & Cheese Uncrustable	Sweet & Sour Chicken w/ Rice American Sub	Pizza Italian Sub
Oct 6 Mini Pankcakes or Cereal	Oct 7 French Toast or Cereal	Oct 8 Yogurt Parfait or Cereal	Oct 9 Breakfast Burrito or Cereal	Oct 10 Cinnamon Roll or Cereal
Chicken Burger(reg or spicy) Turkey & Cheese Sandwich	Bean & Cheese Burrito Ham & Cheese Sandwich	Spaghetti Uncrustable	Teriyaki Chicken w/ Rice American Sub	Pizza Italian Sub
Oct 13 Egg and Cheese Muffin or Cereal	Oct 14 French Toast or Cereal	Oct 15 Apple Muffin or Cereal	Oct 16 Breakfast Pizza or Cereal	Oct 17 Cinnamon Roll or Cereal
Corn Dog Turkey & Cheese Sandwich	Meat & Cheese Nachos Ham & Cheese Sandwich	Penne Pasta Bake Uncrustable	Orange Chicken w/ Rice American Sub	Pizza Italian Sub
Oct 20 Mini Pancakes or Cereal	Oct 21 French Toast or Cereal	Oct 22 Yogurt Parfait or Cereal	Oct 23 Breakfast Burrito or Cereal	Oct 24 Cinnamon Roll or Cereal
Chicken Nuggets Turkey & Cheese Sandwich	Bean & Cheese Burrito Ham & Cheese Sandwich	Mac & Cheese Uncrustable	Sweet & Sour Meatballs w/ Rice American Sub	Pizza Italian Sub
Oct 27 Egg and Cheese Muffin or Cereal	Oct 28 French Toast or Cereal	Oct 29 Blueberry Muffin or Cereal	Oct 30 Breakfast Pizza or Cereal	31
Cheeseburger or Hamburger Turkey & Cheese Sandwich	Meat & Cheese Nachos Ham & Cheese Sandwich	Half Day	Half Day	No School